



Rites and Rituals Tattoo Studio  
60 South View Road  
Walton  
PE4 6AG

## Aftercare Instructions

Everyone has their own way of looking after a tattoo. Each of our artists knows exactly how their work heals, and what's best for it. Please listen to the advice you're given and follow the advice on this sheet. You will find that your tattoo will heal quickly and safely. If you don't follow these instructions then we cannot guarantee that any touch ups needed will be done free of charge. You have been warned!

### Your new tattoo is an open wound!

The single biggest risk of infection is poor aftercare. Our studio is regulated by the council's byelaw and local health authority guidelines. The equipment (that comes into direct contact with your skin) is ALWAYS sterile and single use only. So the onus is on you to keep infection at bay.

Your tattoo will be covered when you leave the studio. Keep it covered for 3-6 hours. This is to keep the fresh wound from the elements and to protect your clothes. This should allow plenty of time for the tattoo to stop bleeding (especially if you bled considerably).

### Always keep your tattoo clean

You can bathe or shower with your new tattoo, in fact we encourage it!  
But, please don't scrub it or used perfumed soap.  
Always make sure you pat your tattoo dry and and moisturise it straight away.

### Keep it moisturised!

Three times a day with a thin application over the tattoo for the first week. After that, please let your body heal naturally and just keep it moisturised if it gets too dry.. You should find after three to four days, it will have settled. The main aim is to let the body heal with as little scabbing as possible. Over moisturising will suffocate the skin and cause you problems and irritations whilst healing.

Black and grey tattoos will heal quite quickly but you may experience scabbing and weeping on very dark areas.  
Colour tattoos can form lots of scabbing and occasionally leak puss. This is quite normal and you shouldn't be concerned.

### We recommend the following:

Non-scented body butters, moisturisers and skin care products.  
(Always read the label as some are not for use on broken skin)  
Tat-Soul Pride  
Tattoo Goo  
Redemption  
Think Aftercare  
Cocoa Butter  
Hustle Butter Deluxe  
E45

### We **DO NOT** recommend:

Savlon  
Sudocream  
Fragranced soaps  
Bepanthen

**Do not** sunbathe – fresh wounds burn quicker and then become prone to infection.

Once it has healed, always make sure you use a high sun-factor cream on your tattoo to keep it looking new.

**Do not** go swimming – local swimming pools are high risk areas for infections and saltwater from the sea will irritate the tattoo. Please wait for your tattoo to heal.

**Do not** pick, scratch, itch, rub vigorously, cut, rip, tear or otherwise cause any damage to your fresh tattoo. If you do this we can tell and we may charge you to re-touch or re-colour your tattoo.

**Do not** expect tattoos that are in places which are in constant contact with clothing, or that will get touched a lot during the healing process, to heal perfectly. These may require another session.

The same rule applies to tattoos in an area that has heavy use (like your hands).

**If you follow these rules then your tattoo will heal nicely and look great!**

If for any reason you are showing signs of infection then please go straight to your G.P and get antibiotics. The earlier they can catch it the better off you are! If you are in any doubt please contact us at the studio and we'll be happy to advise you.